



REAP Leeds Plastics Campaign

Write-up of ideas from the Market on 17 February 2018

Nappies

- Cloth nappies have come a long way - there's even a re-usable nappy library in Leeds to try them out. Re-usable wipes to replace disposable wet wipes too.
- Cloth nappy library in Beeston. Can have 4-week trial.
- LCC and nappies - why not encourage people to use cloth nappies?

Shop Local

- Use local farm shops not supermarkets
- Go to the local green grocer

Water Fountain

- Water Fountain in Oakwood for refilling bottles/ lobby local shops to give discount to customers bringing their own takeaway coffee cup

Clear Recycling Signage

- Put pressure on producers to put clear, readable recycling on packaging
- All manufacturers to use recyclable containers numbered 1,2,4. All local authorities use same system to avoid confusion
- Find a reliable way of recycling type 5 plastics (PP). Urgent research needed



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Lobby Supermarkets / Producers / Stallholders

- Supermarkets to provide empty cardboard boxes rather than plastic bags
- Lobby supermarkets about packaging options – Tesco etc
- Talk to Tesco about reducing plastic packaging
- Lobby Yorkshire Tea to replace the plastic packaging for their loose-leaf tea with cardboard and paper (as used by PG Tips)
- Are there any teabags which don't contain plastic [for the occasions when loose leaf tea isn't practical] NB Coop and PG Tips are developing plastic-free tea bags
- Why not send unnecessary packaging back to the FREEPOST address of your supermarket?
- Unpack your plastic wrapped produce in the supermarket and leave the unnecessary plastic behind
- Market stallholders should eliminate plastic packaging

Re-use / Recycle rather than buy

- The plastic bags that magazines come in make great sandwich bags
- Yoghurt pots not plant pots
- Re-use foil paper after cooking/sandwiches
- Take your own egg boxes – do not buy eggs in plastic
- Cakes in all-card boxes – not plastic insides
- Use single use plastics twice at least = 50% reduction
- Beeswax wrappers to replace cling film
- Bring own cafetiere and coffee to work – cheaper too
- Just wash and re-use your sandwich bags
- Avoid those paper and plastic bags for bread/pastries, by bringing your own re-used paper bags – keep some in your shopping bag. And use re-usable fruit and veg bags
- Grow your own lettuce leaves in window boxes



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- Yoghurt pots can be cut up to make labels for plants
- Take Tupperware boxes to the Deli, fish shop etc
N.B welcomed by the fish man at Oakwood Market
- Use soaps/shampoo/conditioner bars e.g. from Lush - avoid plastic bottles
- Use washing powder in cardboard boxes – not liquid in bottles
- Buy Ecover in bulk – see BigSmile on the internet - or from refillable sources
- Where can you buy washing bags?